

# OPCTP Continuing Education Event

**Fall 2023**  
**Continuing Education Event**  
**Tuesday, November 7<sup>th</sup>**  
**2023**  
**7-9pm via Zoom**  
**Spiritual Care and Its**  
**Benefits for Seniors**

**Presented by**  
**Reverend Canon Hilary Anne**  
**Murray, MSW, RSW, MPTh**

## OTTAWA PASTORAL CARE TRAINING PROGRAM

An Inter-Denominational Program  
Affiliated with the Christian  
Council of the Capital Area

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[facebook.com/OttawaPastoralCare](https://facebook.com/OttawaPastoralCare)

## Spiritual Care and Its Benefits for Seniors

What is spiritual care? What does it look like in seniors' homes? At this workshop, we will have a conversation about the impacts that spiritual care programs can have on the spiritual wellness of seniors. We will look at the benefits of spiritual care in seniors residences, (retirement residences, LTC facilities and assisted living homes). This workshop will also provide the opportunity to look at how spiritual care programs can benefit both resident staff and pastoral care volunteers who work with seniors.

### About Canon Hilary Murray

is an Anglican priest with the Anglican Diocese of Ottawa presently serving as the Clinical Chaplain to Cornerstone Housing for Women.

She is also a clinical social worker, with extensive experience providing psychotherapeutic services in areas of grief/loss, chronic illness and end stage medical conditions, depression/anxiety, trauma and marriage and family therapy, as well as, spirituality.

Hilary is a member of the Board of Directors for Compassionate Ottawa and serves as a member of the OPCTP Advisory Board. In her spare time, Canon Hilary enjoys playing the piano and ballroom dancing.

**Registration is Required**  
**Cost: \$20**

*Pastoral Care Teams are encouraged to attend as a team where possible.*

**Please register by**  
**November 1<sup>st</sup>, 2023**

**To register and pay:**

Email your name, email address, phone number, and church or institution name to [opctp.registrar@gmail.com](mailto:opctp.registrar@gmail.com) and let our registrar know how you will pay.

**TO PAY**, send an e-transfer to:  
[opctp.registrar@gmail.com](mailto:opctp.registrar@gmail.com)

or make a cheque out to  
'Ottawa Pastoral Care Training Program' and mail it to:

OPCTP Administrator  
4 Pinetrail Cres.  
Ottawa, ON  
K2G 5A2

*The OPCTP is pleased to waive the fee for clergy members or leaders/coordinators of pastoral/spiritual care teams. To register, they should email their details*

**For more Information contact:**

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OPCTP Administrator  
(613) 413-0384  
[ottawapastoralcare@gmail.com](mailto:ottawapastoralcare@gmail.com)

or visit our website at  
[www.ottawapastoralcare.com](http://www.ottawapastoralcare.com)