

# OTTAWA PASTORAL CARE TRAINING PROGRAM

*An Interdenominational Program affiliated  
with the Christian Council of the Capital Area*

## Advanced Course Fall 2023 In Person St. Paul's Presbyterian 971 Woodroffe Ave. Ottawa

*This course is  
limited to those who are currently  
enrolled in, or have previously  
taken the Basic Course*



[www.ottawapastoralcare.com](http://www.ottawapastoralcare.com)  
[facebook.com/OttawaPastoralCare](https://facebook.com/OttawaPastoralCare)

## Course Dates & Topics

**Tuesdays**  
**Oct. 3, 10, 17, and 24**  
**7 to 9pm**

October 3  
**Connecting with Pre-Teens  
and Teens in Unstable Times**  
*Joyce Hamelin*

October 10  
**How Long, O Lord? Carrying the "Wait"  
of Grief while Seeing Signs of Hope**  
*Rebekah Hackbusch*

October 17  
**Beyond Substance Use: Understanding  
the Struggle, Helping the Healing**  
*Amanda Neilson*

October 24  
**Spiritual Care in the Hospital Setting—  
What's New in 2023?**  
*Rev. Fritz Clarke and Rev. Garry Engler*

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***A certificate will be issued at the  
end of the course for those who  
attend 3 or more of the 4 classes.***

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## Contact Information

For information, please contact  
Josephine Hall, OPCTP Administrator  
at 613-413-0384 or  
[ottawapastoralcare@gmail.com](mailto:ottawapastoralcare@gmail.com)

## Registration

These courses fill up early. Please register  
early to avoid disappointment.

**Please register by Sept. 20**

**Cost:** \$75 before Sept. 20  
\$85 after Sept. 20

**To register and pay:**

Email your registration details:  
*your name, mailing address (with  
postal code), email address, phone  
number, church or institution name*  
to [opctp.registrar@gmail.com](mailto:opctp.registrar@gmail.com) and let  
our registrar know how you will pay.

**TO PAY**, send an e-transfer to:  
[opctp.registrar@gmail.com](mailto:opctp.registrar@gmail.com)

**OR** make a cheque out to  
'Ottawa Pastoral Care Training  
Program' and mail it to:  
OPCTP Administrator  
4 Pinetrail Crescent  
Ottawa, ON  
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For more information contact:

**Josephine Hall**  
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or visit our website at  
[www.ottawapastoralcare.com](http://www.ottawapastoralcare.com)

## Session Descriptions

### October 3 Connecting with Pre-Teens and Teens in Unstable Times

The pre-teen and teen years can be described as challenging, wild, exciting, terrifying, and amazing all at the same time!

Since 2016 the increase in anxiety and depression in the youth population has increased by 40% across all nations, including Canada. How can we reach our youth? What does it take to draw them back to us? It is all about relationships!

In this session we will explore together how we can listen so we support, care for, guide and most importantly connect with our youth to offer them hope for the future.

**Joyce Hamelin** began her social work career with the Ottawa Children's Aid Society before moving to the Queensway Carleton Hospital. She worked 20-years as a Geriatric Assessor before returning to her medical roots as a casual Social Worker there in 2023. Throughout the years, Joyce has maintained an active private practice, taught at Algonquin College, and worked for Adopt4Life. In January 2023, Joyce retired from full-time work at ABLE2.

Joyce has lived professional and personal experience working with children and youth diagnosed with FASD, ASD, ADHD, OCD, LDs, and more. She hopes the support and interventions she offers will leave you with better knowledge, practical help and a sense of hope leading to renewed energy for your work as pastoral care visitors.

### October 10

#### How Long, O Lord? Carrying the “Wait” of Grief while Seeing Signs of Hope

Grief journeys are as unique as the individuals who travel them. Healing from grief has its own timeline and the “wait” can weigh heavily and blur our vision. Being

patient with grief is a challenge. Knowing how to be present to another's grief story is influenced by how present we are to our own story of grief.

This workshop will explore the complexities of grief and the grieving process. Participants will gain a deeper understanding of complicated grief and how to recognize it. Through sharing and self-reflection, opportunity will be given to explore one's own grief journey as a foundation for being a healing presence to others.

**Rebekah Hackbusch** graduated from Saint Paul University in 1997 with a Master of Pastoral Studies: Pastoral Care in Health Care Services. She was baptized in the Lutheran tradition and has served her faith community from childhood through to mid-life. She is currently the manager for the Department of Spiritual Care at Bruyere Continuing Care. She has been a member of the Canadian Association for Spiritual Care since 1995.

She enjoys laughter, the full-bellied variety, honest conversation – the more real the better, and tears – one of life's most important gifts. One of her favourite past times is a good game of double solitaire with her daughter.

### October 17

#### Beyond Substance Use: Understanding the Struggle, Helping the Healing

This session can help create a compassionate understanding of why some youth and adults struggle with substance use. With a holistic understanding of this complex issue, a pathway for healing for all family members becomes clearer. We will explore the spectrum of substance use, how problematic substance use develops, strength-based interventions and the role participants can play in restoring health and balance.

**Amanda Neilson** has provided counselling to people struggling with problematic substance use, and substance use disorders for over 20 years and teaches part-time at Algonquin College.

Throughout her career, Amanda has provided training for professionals and community members. Amanda completed her Masters in Social Work at the University of Victoria in 2020.

### October 24

#### Spiritual Care in the Hospital Setting— What's New in 2023?

The reintroduction of volunteering in hospital and long-term care settings following COVID-19 raises the question “what does the future look like?” Fritz and Garry will look at the new and current reality of volunteering for pastoral and spiritual care volunteers. They will also share meaningful possibilities for volunteering in pastoral and spiritual care.

**Rev. Garry Engler** is an acute care hospital chaplain who worked in a community hospital in the Edmonton area for 20 years, and now works in the Pembroke Regional Hospital. He has been involved in teaching and training of pastoral care volunteers as well as community faith leaders. Before his time in hospital spiritual care provision, Garry pastored small churches in Canada's NWT and Yukon for 10 years.

**Rev. Fritz Clarke** is currently the Spiritual Care Practitioner at the Queensway Carleton Hospital. He has worked for 17 years in Spiritual Care and Chaplaincy in Health Care Institutions and corrections settings and has supervised students from St. Paul's University, and St. Lawrence College. Fritz has developed programs and trained medical staff in spiritual care, advance care planning, ethics and end of life spiritual care. Fritz is an ordained minister with the Pentecostal Assemblies of Canada. He currently serves as an advisor to the OPCTP.