

OPCTP Continuing Education Event

**Spring 2023
Continuing Education Event
Tuesday, April 18th 2023
7-9pm via Zoom**

Let's Talk about Families

**Presented by
Lisa Boulay**

OTTAWA PASTORAL CARE TRAINING PROGRAM

An Inter-Denominational Program
Affiliated with the Christian
Council of the Capital Area

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Let's Talk about Families

"Happy families are all alike; every unhappy family is unhappy in its own way." (Leo Tolstoy)

What happens when a family is struggling with challenging circumstances? For instance, a loved one is diagnosed with a serious illness or is struggling with a mental health or substance use disorder, a parent or sibling is aging and needs more support.

All of these scenarios can be stressful and can shift the dynamics within a family system. This workshop will explore the shift in family dynamics, its impacts on communications, boundaries and emotions and how pastoral care can bring support to each family member through the ministry of presence and compassion.

About Lisa Boulay

Lisa Boulay is a retired psychotherapist. She worked as a family and addiction counsellor for twenty years providing both individual and group counselling. In addition, she has developed and delivered several workshops and training programs on substance use, mental health, trauma, and recovery. Lisa is a Lay Chaplain at the First Unitarian Congregation of Ottawa.

**Registration is Required
Cost: \$20**

Pastoral Care Teams are encouraged to attend as a team where possible.

Please register by April 10, 2023

To register and pay:

Email your name, email address, phone number, and church or institution name to opctp.registrar@gmail.com and let our registrar know how you will pay.

TO PAY, send an e-transfer to:
opctp.registrar@gmail.com

or make a cheque out to
'Ottawa Pastoral Care Training Program' and mail it to:

OPCTP Administrator
4 Pinetrail Cres.
Ottawa, ON
K2G 5A2

The OPCTP is pleased to waive the fee for clergy members or leaders/coordinators of pastoral/spiritual care teams. To register, they should email their details to opctp.registrar@gmail.com.

For more information contact:

Josephine Hall
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(613) 413-0384
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or visit our website at
www.ottawapastoralcare.com