



# Spring 2023 Basic Course

## In Person

1-3:30pm, Mar 20 to May 15

St. Paul's Presbyterian Church  
971 Woodroffe Ave., Ottawa

OR

## Via Zoom

7-9:15pm, Mar 20 to May 15

## Course Details

The Basic Course takes place on Monday afternoons from 1pm – 3:30pm over 9 weeks.

For those unable to attend in person, we offer an evening option Monday evenings on Zoom from 7pm – 9:15pm.

The OPCTP is a Christian-based program and other faiths are most welcome.

The **training topic sessions** include:

1. Introduction to Pastoral Care
2. Active Listening
3. Spiritual Needs and Pastoral Identity
4. Grief Through Losses
5. Ministry with Dying
6. The Transitioning Years
7. Visiting in Hospitals, Institutions, Homes, etc.
8. Care for the Caregiver and Pastoral Care Teams
9. Celebrating our Community and Our Call

## Course Dates

### Afternoon Course - IN PERSON

1pm to 3:30pm

OR

### Evening Course - VIA ZOOM

7pm to 9:15pm

9 Mondays, March 20 to May 15  
*(including Easter Monday)*

---

*A certificate will be issued at the end of the course for those who have 2 or fewer absences from the course.*

*It is important to attend the first two classes. If, for some reason, you miss one of the first two classes, you will need to re-register for a future course.*

---

## Contact Information

For any questions or concerns, please contact:

### Josephine Hall

OPCTP Administrator

613-413-0384

ottawapastoralcare@gmail.com

Or visit our website at

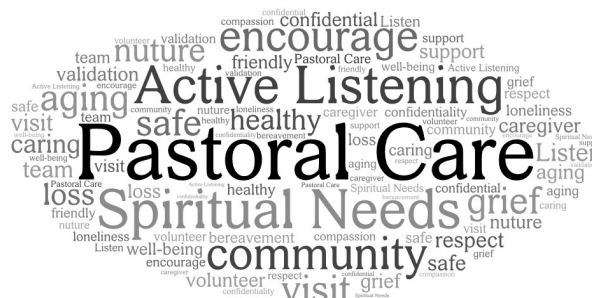
www.ottawapastoralcare.com

## OTTAWA PASTORAL CARE TRAINING PROGRAM

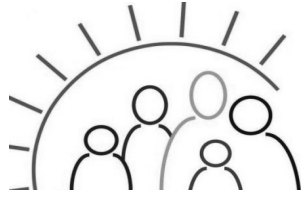
*An Interdenominational Program affiliated  
with the Christian Council of the Capital Area*

ottawapastoralcare.com

facebook.com/OttawaPastoralCare



## What is Pastoral Care?



- A ministry of presence
- Founded on faith and prayer
- Focusing on the other person(s) through active listening
- Offering support and guidance
- Shared with and accountable to a community of caregivers

Pastoral care visitors will develop skills to help them become a compassionate and sustaining presence with others, and to support one another in ministry.

## What is a Pastoral Care Team?

A pastoral (or spiritual) care team is a community or institution's specific response to the pastoral, spiritual and emotional needs of its members.

A pastoral care team brings focus to a ministry which attempts to make visible God's presence in definite and tangible ways by:

1. responding to the needs of others within the community
2. embodying the presence of God for others

## About the OPCTP

The Ottawa Pastoral Care Training Program (OPCTP) has been providing courses and workshops in Ottawa and surrounding communities since 1979.

The OPCTP is recognized as an inter-denominational entity under the general sponsorship of the Christian Council of the Capital Area (CCCA).

An Advisory Board of representatives from participating faith communities oversees planning, administration and evaluation of the Program.

For more information about the OPCTP, please visit our website:

[www.ottawapastoralcare.com](http://www.ottawapastoralcare.com)

---

**Upon request, the OPCTP provides special training events tailored to meet your faith community's specific needs or concerns.**

### Some examples:

- Further information about the Basic Course
- Starting a new team
- Guidance with your existing team
- Continuing Education on a topic or subject on which you would like more information

If you or your team would like more information or have other concerns, please contact Josephine Hall.

## Registration

These courses fill up early. Please register early to avoid disappointment.

### Please register by March 9

**Cost:** \$125 before March 9  
\$140 after March 9

### To register and pay:

Email your registration details:

*your name, mailing address (with postal code), email address, phone number, church or institution name, along with your preference of the afternoon or evening course*

to [opctp.registrar@gmail.com](mailto:opctp.registrar@gmail.com) and let our registrar know how you will pay.

**TO PAY**, send an e-transfer to:

[opctp.registrar@gmail.com](mailto:opctp.registrar@gmail.com)

**OR** make a cheque out to 'Ottawa Pastoral Care Training Program' and mail it to:

OPCTP Administrator  
4 Pinetrail Cres.  
Ottawa, ON  
K2G 5A2

### For more information contact:

**Josephine Hall**  
OPCTP Administrator  
613-413-0384  
[ottawapastoralcare@gmail.com](mailto:ottawapastoralcare@gmail.com)

**or** visit our website at  
[www.ottawapastoralcare.com](http://www.ottawapastoralcare.com)